



**FROM 900 POINTS**

**10 Nights Hidden Away  
In the heart of Costa Rica**

Your Resort  
Poas Volcano Lodge

Your Location  
Poas Volcano National Park in Alajuela

Your Experience  
An intimate exploration of natural  
wonders



Country: Costa Rica

Capital: San Jose

Currency: Costa Rican colon

Language: Spanish



## COSTA RICA

Costa Rica is a rugged, rain forested Central American country with coastlines on the Caribbean and Pacific. Though its capital, San Jose, is home to cultural institutions like the Pre-Columbian Gold Museum, Costa Rica is known for its beaches, volcanoes, and biodiversity. Roughly a quarter of its area is made up of protected jungle, teeming with wildlife including spider monkeys and quetzal birds.

Spanish is the official language of Costa Rica: it's also the most widely spoken language throughout the country. Other languages spoken are English, Creole, and some Indian languages.

# COSTA RICA



If you visit national parks, you can spot mammals such as jaguars, monkeys, bats, and tapirs. If you choose to dive, you can see the amazing marine life of Costa Rica with turtles, dolphins and eagle rays. You can also see frogs, snakes, and reptiles as well as a wide range of birds and parrots.



## Poas Volcano Lodge

This cozy hotel was once the home of a family which decided to share the beauties of their dairy farm with others. Although cows and other farm animals might peek from the road, your stay is intimate and quiet. Their style combines the charm of the countryside with contemporary comfort. Take a break from it all and enjoy the cool breeze coming from the cloud forest.

Poas Volcano Lodge is a 45-minute drive away from San Jose airport, into the slopes of the Central Valley. It is also a 20-minute drive from the volcano itself. Explore the trails to admire the vivacity of the local flora and fauna and discover the wonders of hidden natural treasures in your adventures.

Since the lodge is located in a secluded rural area, it provides an opportunity to unwind and get away from the stress and noise of the city. The lodge has a homelike environment in which serenity and relaxation are important. Enjoy both a well-appointed room and shared areas that invite you to sit back and take a break. To battle the cold coming from the cloud forest, the hotel has multiple fireplaces and wood burning stoves that enhance an atmosphere of harmony and peace.

In this wonderful hotel, both the inside and the outside are inviting. The whole property is surrounded by lush, green hills, and the gardens are full of tropical flowers and oak trees. You can wander off and find a small bench to enjoy the view. Clouds from the forest come and go with the wind, and sometimes they cover the mountains and farms around the hotel. However, the location offers the chance not just to see Poas volcano but also the northern Caribbean plains.





## Poas Volcano Lodge

One of the great highlights of this lodge is their excellent food, provided on-site by The Bromelia Restaurant and Bar. Poas Volcano Lodge has a community-oriented spirit, and they source their ingredients locally wherever possible. Enjoy milk from their dairy farm and be certain to try some of the local strawberry jam. Their homemade bread and granola, made with the owners' recipe, are also stellar! Breakfast is included with your stay, so don't miss the chance to try these appetizing bites.

The lodge also offers a spa in case you want to take your relaxation to the next level. Arrange body massages at your convenience, and relieve stress with mixtures of natural oils, fruits, and herbs. If all your hiking has left you sore, get a leg massage to help with circulation. These massages are not included in your fee, but they are a great way of spending chilling afternoons.





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The most attractive activity is Poas volcano itself. Take a hiking tour to the National Park and see the volcano. Explore its blue crater and spot the nearby lake. It is active even if it's not erupting, so be careful. To get the best views, be sure to go early in the morning because clouds can get in the way.

If you're ready for adventure, set out to explore the many options outside Poas Volcano Lodge, all within an hour drive from the hotel. Go hiking to the Waterfall Gardens and discover this secluded wonder. If you want to learn about Costa Rica's most famous product, take a coffee tour to see the plantations and production process. Horseback riding and birdwatching are also great options to stroll along the paths, and if you want more excitement, consider a whitewater rafting or zip lining tour.

## Other Worthwhile Attractions Nearby Poas Volcano Lodge



### La Paz Waterfall Gardens

One of the busiest and best day tours you can make to and from Alajuela is a trip up to the La Paz Waterfall Gardens, which sit roughly 35 kilometers north of the city's core. Not only can you see 5 tall, beautiful waterfalls slicing through lush forest at this attraction, but you can explore wildlife exhibits that showcase several varieties of rescued species. In a few short hours, you'll meet jungle cats, sloths, monkeys, birds, butterflies, bulls, frogs, snakes, insects, and more.



### Poas Volcano National Park

Poas Volcano National Park experience is far more regulated today than it ever was, but it's still an experience worth having. Because the best time to visit the Poas Volcano is in the early morning (before clouds roll in and mask the crater), and because the park closes mid-afternoon, this attraction isn't a fitting one for you if you'll only have an afternoon or evening free to explore the Alajuela region.

### Costa Rica Chocolate Tour

If you enjoy eating chocolate, you'll love Alajuela's Costa Rica Chocolate Tour, which will teach you all about cacao crops and chocolate-making. During this short period, you'll see how cacao pods grow on trees, you'll taste cacao beans direct from the pod, you'll learn how cacao beans are dried and form "nibs", you'll learn how modern-day "white chocolate", "milk chocolate", "dark chocolate", and "cocoa powder" are produced, you'll learn how cacao was produced and used by Indigenous groups years ago, and you'll get to make your own chocolate treat to enjoy.



### Rescate Wildlife Rescue Centre

Not far from the SJO Airport is the Rescate Wildlife Rescue Centre (formerly Rescate Animal ZooAve), one of the country's most trusted bird and wildlife rescue centres. Some of the species you'll see during your visit include monkeys, iguanas, peacocks, spiders, macaws, and other birds (don't miss the giant mural that displays paintings of every bird species you can see in Costa Rica).

### Morning Birdwatching Tour

Start your morning with breakfast at Hotel Villa San Ignacio and shortly after enjoy the morning with a local expert as your guide who knows the best birding spots at Hotel Villa San Ignacio.

### Doka Coffee Plantation

visit the Doka Coffee Plantation, to enjoy a delicious breakfast and a guided tour of the coffee plantation where you will learn about the techniques used by experts to process and produce one of the best coffees in Costa Rica.

